



## Ionia Department of Public Safety donates AED to training studio ahead of CPR class



*DPS Director Cory McDiarmid donates an AED to Summit Personal Training Studio owner Joe Cantwell while surrounded by Ionia DPS members on Wednesday, April 23, 2025.*

**IONIA, Mich.** — The Ionia Department of Public Safety donated an automated external defibrillator (AED) to an Ionia personal training studio on Wednesday, just in time for its upcoming CPR training class next week.

The Department of Public Safety used a portion of the funds raised at this year's annual Firefighter Pancake Breakfast in March to purchase the AED and give back to another local organization committed to supporting Ionia residents. DPS Director Cory McDiarmid said this donation highlights the importance of access to life-saving equipment in active environments, like fitness centers, where sudden cardiac events can occur.

Summit Personal Training Studio, located at 401 W. Main Street, will host a CPR training and certification class on Wednesday, April 30, at 6 p.m. The cost is \$55 per person. Two certified Life EMS instructors will lead the class. Participants will learn hands-on techniques, including how to effectively use an AED. Those who are interested in attending can reserve a spot by emailing [cantwelltraining@gmail.com](mailto:cantwelltraining@gmail.com).

The importance of CPR training became especially clear to Summit owner Joe Cantwell after a recent incident at the studio, where a client went into cardiac arrest during a training session. Cantwell immediately began performing CPR, and with the help of others and a rapid response from Ionia Public Safety and Life EMS, the client fully recovered. In a full-circle moment, that client is expected to attend the upcoming CPR training event.

According to the American Heart Association, CPR can double or triple the chances of survival for an out-of-hospital cardiac arrest if performed immediately.

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